

Minor research project (U.G.C.)

Summary

Behavioral problems in children (2011-13)

By

Ms. D.H. Halkare.

Adarsh College of Arts & Commerce

Badlapur.

Every day, when we open newspaper, we find many sad incidences, having its roots in psychological elements. Not only adults, but also the children have many problems which are exhibited through their Behavior. I have chosen this topic with the objective to understand the nature, types & intensity of Children's behavioral problems & to find out certain solutions to prevent & to cure them.

Certain kinds of behavior can be called as problem behavior only when they interfere with children's happiness & their adjustment to life. Problem behavior which makes life difficult for the child & interferes with good adjustment. Some forms of behaviors may change in the course of time but some of them can become habit & interfere with physical, mental, social wellbeing of the child.

Due to some reasons, young children are specifically vulnerable to psychological problems. Children's lack of experience in dealing with adversity, less protection by parents, children's limited perspective & lack of realistic & complex view of themselves & the world makes them vulnerable to these problems. It is found in multistate studies suggests that average rate of 12.3% of children is affected by psychological problems. When we call someone as problem child, it means it is a child when his parents, teachers or other elders are not able to cure or control his/her undesirable conduct.

This study has focused some major problems in detail and others in brief. This study will be helpful For creating awareness & providing information & suggestions for prevention & cure of Behavioral problems in children. It consists of classification & description of various behavioral problems. It talks about causes, symptoms & treatment of these disorders. There are many types of problems with variety of underlying causes & their interrelation. It is necessary to have sincere concern about child's wellness & wellbeing.

In this study, a small survey was conducted with the help of checklist and the results of the checklist findings suggest that, nearly 33.6% children have concentration problem,30.9%have habit of nail biting,27.3% have temper tantrams,23.8% have animal phobia. this shows the serious need to tackle these behavioral problems in children. The study suggest certain solutions---for ex.-

1. Improving parenting styles
2. Improving communication.
3. Proper response to the child.
4. Monitoring your child's contact with his surrounding
5. Mentoring your child to support & encourage desired behavior
6. Try to find out root cause of behavior.
7. Keep your promises made to your child.
8. Give your child a chance of experiencing natural consequences of his behavior.
9. Make your child to feel important & respect his identity & personality.
10. Parents must maintain sense of fun & humor to reduce tension.

Our children are like tissue papers absorbing almost everything around them. Home environment, Heredity factors, parenting style and attitude of the parents are the main factors which Affect Childs behavior. To prevent the development of problematic behavior, parents must take expert advice & guidance. They must accept their children as they are and focus their positive qualities; help them to overcome their drawbacks under the environment of love, affection, acceptance & respect for the children. Keeping in mind that healthy child is an asset for his family, society, nation & the world; let's try to make our children smile once and for always.

Thank You.