

Adarsh Vidya Prasarak Sanstha's
ADARSH COLLEGE OF ARTS AND COMMERCE
Kulgaon-Badlapur, Dist. Thane Pin: 421503

National Service Scheme (NSS)
Descriptive Report of Regular NSS Activities (2022-2023)

- **World Environment Day:**

Environment Protection Posters were displayed permanently on the walls of the college building to celebrate World Environment Day on 5th June 2022.

- **Celebration of Shivswarajya Din:**

On 6th June 2022 Shivswarajya Din (Coronation Day of Chhatrapati Shivaji Maharaj) was celebrated. Prof. Ramesh Butere delivered lecture on 'Chhatrapati Shivaji Maharaj'. NSS volunteers participated in cultural programme on this occasion.

- **Tree Plantation:**

NSS unit organized Tree Plantation activity on 17th June 2022. A total of 25 saplings were planted in college premises on this occasion.

- **Pulse Polio:**

NSS volunteers actively participated in Pulse Polio vaccination drive with KBMC on 19th June 2022.

- **Celebration of International Yoga Day:**

International Yoga Day was celebrated in association with Vivekanand Kendra Kanyakumari, Badlapur Branch on 21st June 2022. Mrs. Meenatai Deshpande and Ms. Poonam Joshi the Yoga Experts were the Resource Persons. In all 139 students participated, among them 38 were NSS Volunteers.

- **Online lecture: Say No to Drugs and Yes to Life:**

Three (03) NSS Volunteers participated in Online Awareness Lecture "Say No to Drugs & Yes to Life" organized by NSS Cell, University of Mumbai in association with Narcotics Control Bureau, Mumbai on 24th June 2022 at 11.00 a.m.

- **Celebration of National Doctors' Day**

NSS unit of Adarsh College celebrated National Doctors' Day on 1st July 2022. Three doctors- Dr. Prakash Vyavahare, Dr. Sumit Dalavi and Dr. Shakuntala Churi were felicitated. Dr. Prakash Vyavahare and Dr. Shakuntala Churi guided the students on the topic 'Health and Hygiene' on this occasion.

- **Celebration of Gurupournima:**

NSS volunteers actively participated in the Gurupournima programme held on 13th July 2022.

- **Visit of Police Inspector Mrs. Petkar**

On 18th July 2022 Police Inspector Ms. Petkar visited college and addressed NSS volunteers about Azadi Ka Amrit Mahotsav programmes to be held from 9th August to 17th August 2022.

- **Collection of Rakhis to Indian Army:**

NSS Unit took initiative to collect Rakhis for the Indian Army. These Rakhis were handmade by students. These Rakhis were sent to the Indian Army in association with the Ex-Armymen Association, Badlapur. Rakhis were sent on 1st August 2022.



- **Blood Donation Camp:**

Blood Donation Camp was organized by NSS Unit on 5th August 2022 in association with Rotary Club of Badlapur Industrial Area. Sir J.J. Mahanagar Raktpedhi, Byculla, Mumbai was associated with this camp. 39 blood units/bottles were collected.

- **National Anthem singing:**

NSS Unit volunteers participated in National Anthem singing in college campus at 11.00 a.m. on 9th August 2022 as part of Azadi Ka Amrit Mahotsav Programme.

- **Cleanliness and Plastic Collection Drive:**

NSS Unit volunteers participated in Cleanliness and Plastic Collection Drive at Gaondevi Mandir Area, Badlapur East. NSS volunteers also participated in Cleanliness and Plastic Collection Drive at College Campus on 10th August 2022 as part of Azadi Ka Amrit Mahotsav Programme.

- **Lecture on 'Local History of Badlapur and Historical Places in vicinity'**

NSS Unit and Department of History organized a Lecture on 'Local History of Badlapur and Historical Places in vicinity' in the auditorium. It was delivered by Mr. Ratnakar Thatte. A total of 151 students attended the lecture.

- **Har Ghar Tiranga Campaign:**

NSS volunteers carried out an extensive campaign of Har Ghar Tiranga on 12th and 13th August 2022 which included to make aware citizen to hoist tiranga on every house on the occasion of Indian Independence Day in the Badlapur city and vicinity. The college also provided Tiranga to the students.

- **Tree Plantation at Kalyan Swami Goshala, Chargaon-Lavhali**

NSS Unit successfully completed Tree Plantation drive in the area of Kalyanswami Goshala, Chargaon-Lavhali on 14th August 2022. NSS volunteers participated and 100 saplings were planted.

- **Independence Day Celebration:**

NSS volunteers attended flag hoisting ceremony on Adarsh Vidya Sankul ground on 15th August 2022 at 8.00 a.m.

- **Awareness session for girl students on 'Girl Security, Cyber Crime and Human Trafficking'**

NSS unit and WDC of Adarsh College jointly organized an Awareness session for girl students on 'Girl Security, Cyber Crime and Human Trafficking' in association with Thane City Police on 17th August 2022 on the occasion of Azadi ka Amrit Mahotsav. NSS girl volunteers actively participated in the programme.

- **AIDS Awareness Poster Making Competition**

NSS Unit organized Poster Making Competition on AIDS Awareness among the youth in association with District AIDS Control Programme, Thane on 17th August 2022. A total of 8 students participated in the competition.

- **Competitions at SST College, Ulhasnagar**

Two NSS volunteers secured prizes in the various competitions organized by SST College, Ulhasnagar.

Essay Competition : Ms. Shraddha Bhopi - First Prize

Singing Competition : Mr. Aniket Shekate - First Prize

- **Planning Session:**

Mr. Mandar Thakur attended Planning Session at SST College, Ulhasnagar on 18th August 2022.

- **Yoga Training Sessions:**

NSS unit and IQAC organized Yoga Training Sessions in association with Vivekananda Kendra, Kanyakumari, Badlapur branch from 11th July 2022 to 25th August 2022. In all 46 students participated in the programme.

- **Volunteers Participation In Matrudin:**

NSS Volunteers actively participated In the Matrudin Programme held on 26th August 2022 at 10.30 a.m.

- **Organization of District Level Essay Competition**

NSS Unit of Adarsh College organized District Level Essay Competition on the occasion of Azadi Ka Amrit Mahotsav. The Prize distribution ceremony was held on 26th August 2022 In the Matrudin Programme.

First Prize	:	Vedanta College, Vithalwadi
Second Prize	:	Smt. C.H.M. College, Ulhasnagar
Third Prize	:	Adarsh College, Badlapur

- **HIV/AIDS..... Know AIDS to No AIDS**

NSS volunteers attended an online webinar on HIV/AIDS..... 'Know AIDS to No AIDS' organized by Maharashtra State AIDS Control Organization and Maharashtra State National Service Scheme in collaboration with SST College, Ulhasnagar on 29th August 2022 between 2.00 p.m. and 4.00 p.m.

- **District Level AIDS Awareness Poster Making Competition**

NSS Volunteer Ms. Shraddha Bhopi secured Second Prize at District Level AIDS Awareness Poster Making Competition organized by Maharashtra State AIDS Control Board.

- **Linking Adhar Card to Voter Card**

NSS Unit organized a camp on 'Linking the Election Voter Card with Adhar Card'- A Voter Awareness Campaign under directions of Election Commission of India in association with Kulgaon Badlapur Municipal Council on 14th September 2022. Mr. Kasabekar of the Election department of KBMC guided the students to upgrade the voter card through voter portal.

- **A Healthy Woman is Happy Woman**

NSS Unit in association with WDC organized a lecture for girl students on 'A Healthy Woman is Happy Woman' - a programme on Women Health and Hygiene on 16th September 2022 at 10.30 am. Dr. Chhaya Nimsakhare, a well-known gynecologist guided the girl students. It was attended by NSS female volunteers.

- **Pulse Polio:**

NSS volunteers actively participated in Pulse Polio vaccination drive with KBMC on 18th September 2022.

- **NSS Orientation Programme:**

Prof. Jeevan Vichare, District Coordinator for Thane District conducted an Orientation Session for NSS Volunteers on 21st September 2022.

- **NSS Foundation Celebration:**

NSS Foundation Day was celebrated on 24th September 2022. Dr. Sandip Bhele, Member of Advisory Committee of NSS, University of Mumbai addressed the volunteers on 'Role of NSS Volunteer'. Volunteers shared their experiences in NSS. Volunteers presented their performances on this occasion.

- **Program on International Non-Violence Day:**

NSS Unit organized a lecture on Gandhian concept of Ahimsa on 1st October 2022. Dr. Navnath Raskar and Dr. Sunildatta Gavare delivered lectures. This day is also observed as Swadeshi/Khadi Day.

- **Participation in Bhajan Sandhya at Gate Way of India:**

NSS volunteers participated in Bhajan Sandhya organized by NSS Unit of University of Mumbai on the occasion of Gandhi Jayanti.

- **Rashtriya Ekta Diwas (National Unity Day)**

NSS volunteers took online pledge on the occasion of Rashtriya Ekta Diwas (birth anniversary of Sardar Vallabhbhai Patel) on 31st October 2022.

- **Red Ribbon Club District Level Quiz Competition at Seva Sadan College**

Two NSS Volunteers Mr. Shreyas Surve and Mr. Ankur Vaidya participated in the Red Ribbon Club District Level Quiz Competition organized by Seva Sadan College, Ulhasnagar on 12th November 2022.

- **District Level Leadership Training Camp**

One NSS volunteer Mr. Aniket Shekte participated in University of Mumbai's Thane District Level Camp organized by SST College, Ulhasnagar and Padgha College at Arogya Yoga and Naturopathy Institute, Jambhilghar between 27th November and 1st December 2022.

- **Constitution Day**

A preamble of the Indian Constitution was read out on 26th November 2022 on the occasion of Constitution Day.

- **Voter Awareness Campaign:**

NSS Unit conducted a Voter Awareness Campaign on 29th November 2022 in association with KBMC.

- **World AIDS Day:**

Rangoli Competition was organized on the occasion of World AIDS Day on 1st December 2022. Bands were distributed among the students.

- **Experience sharing program:**

Aniket Shekte, participant of LTP shared his experience with NSS volunteers on 3rd December 2022.

- **Utkarsh and Prerana Selection Round**

Three NSS volunteers participated in Selection Round of Utkarsh and Prerana Camp at SST College, Ulhasnagar on 14th December 2022.

- **Participation in Blood donation Camp (Vivekanand Kendra)**

NSS Volunteers participated in blood donation camp organized by Vivekananda Kendra, Kanyakumari, Badlapur branch on 18th December 2022.

- **Leadership Training Camp at Kanyakumari:**

Five NSS volunteers participated in the Leadership Training Camp organized by Vivekananda Kendra at Kanyakumari during 25th December to 30 December 2022.

- **7 Day Special Camp:**

Seven day Special Residential camp was organized at VSVK Education Society's Campus, Lavhali during 4th January to 10th January 2023. Pond extension and beautification, Gram Swachhta Abhiyan, Medical Camp for Animals, Eye Check-up camp were organized. Total 40 NSS volunteers and 2 Programme Officers participated in the Camp.

- **Career in Computers:**

NSS Volunteers participated in workshop 'Career In Computers' organized in college on 11th January 2023.

- **Yuva Din (National Youth Day)**

NSS Volunteers participated in the National Youth Day on the occasion of the birthday anniversary of Swami Vivekanand on 12th January 2023. The volunteers were given certificate for completion of 6



day Yoga Training held in Special residential held during 4th January to 10th January 2023 held at Lavhali.

- **Distribution of Snacks and Gifts In Orphanage:**

NSS Volunteers actively participated in the distribution of gifts and snacks at Nirmala Devi Dighe Orphanage at Katrap, Badlapur on 18th January 2023.

- **Self Defense Workshop for Girls:**

22 female volunteers of NSS Unit participated in the Self Defense Workshop for Girls held on 22nd January 2023.

- **National Voter Day (25th January 2023):**

NSS Unit celebrated National Voter Day on 25th January 2023. The Voter Pledge was read out and students were given pledge. The Rangoli Competition was organized in association with KBMC.

- **Republic Day Celebration:**

NSS volunteers attended flag hoisting ceremony on Adarsh Vidya Sankul ground on 26th January 2023 at 7.30 a.m.

- **Organ Donation Scholarship Workshop (Online)**

NSS Volunteers participated in online Organ Donation Scholarship Workshop in the month of February 2023.

- **Participation in Role Play Competition**

NSS volunteers participated in the Role Play competition organized by District AIDS Programme Control Unit (DAPCU), Thane on 12th February 2023.

- **Thalassemia Awareness Session:**

NSS Unit organized Thalassemia Awareness session on 14th February 2023. Dr. Shakuntala Churi was invited to create awareness among the students.

- **Thalassemia Detection Camp:**

NSS Unit organised Thalassemia Detection Camp on 15th February 2023 in association with Arpan Blood Centre, Kalyan. Total 333 blood samples were collected.

- **District Residential Camp:**

Two volunteers Mr. Shreyas Surve and Ms. Komal Khamitkar participated in District Level Residential Camp at Mamnoli, Titwala organized by NSS Unit of University of Mumbai from 20.02.2023 to 26.02.2023.

- **Experience sharing program:**

Mr. Shreyas Surve and Ms. Komal Khamitkar shared their experience with NSS volunteers on 1st March 2023.

Date:18.03.2023



NSS Programme Officer
NSS Programme Officer
Adarsh College of Arts & Commerce
Kulgaon - Badlapur (E).



Principal
In-Charge Principal
Adarsh College of Arts & Commerce
Kulgaon - Badlapur (E).

