

Adarsh Vidya Prasarak Sanstha's
ADARSH COLLEGE OF ARTS AND COMMERCE KULGAON BADLAPUR
W.D.C. & IQAC
WOMEN IMPOWERMENT WORKSHOP ON
'Smart Girl Program-To be Happy! To be Strong'

Women Development Cell of Adarsh College of Arts & Commerce Badlapur in Association with BJS (NGO) organised 6days workshop on 'Smart Girl Program-To be Happy! To be Strong' from 25th Nov. to 30th Nov. 2021. The workshop has 6 life changing models each one was of 2hrs. The Resource Person of workshop was Shilpa Nahar from Chattisgad. The following topics were covered 1)Self Awareness 2)Self Esteem and Self Defence 3) Communication and Relationship 4) Friendship and Temptation 5) Choices & decisions 6) Dialogue with Parents. Around 45 students participated in this online workshop and could gain courage and confidence.



Dr. Sangeeta Pande
Convener

